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• GARDEN ROUTE • WESTERN CAPE • SOUTH AFRICA •

Junior Ingwe Eco Warriors

*A hands-on fun outdoor learning experience focusing on environmental issues
Come be an Eco Warrior at Ingwe today!*

This programme supports our NPO [The Green ticket.org](http://www.thegreenticket.org) (visit www.thegreenticket.org)

The day begins with a short briefing on basic hiking skills & first aid. Slides with various trees, birds, snakes & other plants form part of the briefing so it is a visual educational experience and not just a lecture! They learn not only the English names, but the Xhosa, Afrikaans and Scientific too!

The morning session is interactive and they will learn how to tie different knots, make stretchers & splints which follows on to include some fun activities using these skills they have learnt to put into practice and also to burn off some energy!

The standard programme includes an activity of making their own packed lunches in their groups prior to the hike, or you have the option of providing them with a packed lunch if you are going the self catering route. Lunch is eaten en route. The route of the hike will depend on weather conditions and your specific requirements.

Prior to departing for the hike we go over the basic safety principals of hiking in the bush and reiterate the importance of staying in their groups. A short way into the hike we stop off at a Blackwood woodlot for a discussion on alien vegetation. Discussions along the hike are encouraged and their guide is on hand to answer questions. An activity of making their own walking sticks out of Blackwood equips each participant with their own home made walking stick. An Eco Art/Littercraft work project also forms part of this programme and they are encouraged to collect "things" along the hike to do this task later. A more detailed description of the "things" they can and can't collect is given by their guide.

Once we are back at the lodge we will have a longer tea break of about half an hour when they can swim before beginning their Eco Art/littercraft project. They will have to make something from the items they have collected along their hike and also all the off cuts etc they have not used from the walking stick. We provide some recyclable items for the littercraft part of the project and will also show them an example of what we have made.

At the end of the programme each group will have to present their Eco Art/littercraft and also talk about what they have learnt during the day.

The day ends off with a worksheet that includes questions about what they have learnt during the day.

All participants receive a certificate and have also contributed 10% of the programme fee to The Green Ticket.org initiative.

What to bring

- Comfortable clothes, hiking boots/running shoes
- Note pad & pen
- A wind-breaker or similar for rain
- A water bottle is imperative
- Sunglasses, hat, sunscreen, camera
- An outdoor mindset

Mission Statement

To create a place for both adults & children from all walks of life to enjoy various learning experiences that focus on developing excellent teamwork and leadership whilst gaining knowledge about the surrounding environment & how they can contribute to its' preservation

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